

## MSS Install Guide

Supplied for the MINI Cooper (F55/56/57)

Introduction

Pre-install steps

Front Axle Install Parts List



R5 MSS I td MSS House A3 Albion Daedalus Park Daedalus Drive Lee On The Solen Gosport Hampshire P013 9FX United Kingdom Company No. 09360144 mss.company





This is best done with struts removed from the vehicle. Refer to the manufacturer's workshop manual for steps on how to safely remove the struts from the vehicle, remove and refit the springs and on the correct torque settings.

#### Difficulty level: High

Estimated Time: 90 to 120 minutes per side, assuming the bolts are not seized. Installing your new MSS Kit is best undertaken by an experienced BMW/Mini workshop/engineer.

- 1. Remove the OE springs. These will be replaced by the MSS front system supplied.
- Remove the OE rubber dust boots. Keep these as they will be reused. 2
- Remove and replace the OE bump stops with the MSS Supplied bump stops. 3.
- Remove and retain the O.E bump caps. These will be reused. 4.
- Remove the bottom O.E rubber spring mount and replace with black MSS PU seat. 5
- Fit the retained OEM plastic bump stop cap that protects the strut seal. Sit the adjuster on the PU seat. 6.
- OPTIONAL: Fit the MSS protective sleeves over the adjuster for dust protection. 7.
- Fit the grounded face of the MSS large spring MSS 220-3 flush to the adjuster seat and keep 8. together.
- Now fit the protective rubber boot over the strut shaft to protect it from debris, re-insert the OE 9 bump stop.
- 10. Fit the camberplate.
- 11. Use a spring compressor to reduce spring height and help secure the arrangement. Tighten to the correct torgue with appropriate tools used to remove the camberplate. 12. 13. Set the adjuster to the desired position; you can always re-adjust as required.

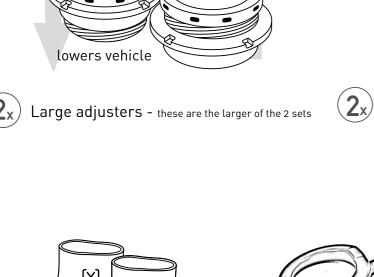
### POST INSTALL STEPS

Complete a 1-mile journey before setting the ride height and 4-wheel alignment.

Refer to pages 3 and 4 of the latest version of the 'MSS INFO for Installer' guide for assistance on how to measure ride height.

The rear axle ride height should be set to at least 5mm higher than the front axle ride height when measured as per page 3 of the latest version of the





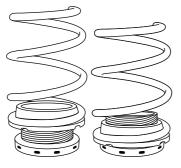
This short guide is intended for use with the MSS Kit MINI Cooper (F55/56/57)

Refer to pages 3 and 4 of the latest version of the 'MSS INFO for Installer'

raises vehicle

or email support@mss.company for the latest copy, to measure the current ride height.

Before you start installing your new MSS Kit, check if all parts listed below have been supplied



\_arge diameter MSS orange springs 220-3 these fit the larger adjusters





 $(\mathbf{2}_{x})$ 



MSS Supplied PU seats

2x MSS Supplied bump stops

FRONT ASSEMBLY



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### FRONT AXLE INSTALL PROCEDURE

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2x

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For the rear stacked arrangement, refer to the latest version of the 'MSS INFO for Installer' guide or email support@mss.company for the latest copy.

Difficulty level: Medium Estimated Time: 30 to 45 minutes per side, assuming the bolts are not ceased. Installing your new MSS Kit is best undertaken by an experienced BMW/Mini workshop/engineer.

- Remove and retain the upper OE rubber spring seat, this will be reused. 1
- 2. Remove the lower OE seats and replace them with the MSS supplied rubber slip mats.
- Couple the black & orange springs (MSS 100-1 with our patent-pending middle located rear adjuster. 3.

Ensure the Spring system is centralised at the top & bottom.

- 4. OPTIONAL: Fit the MSS protective sleeves over the adjuster for dust protection.
- 5. Fit the MSS stacked arrangement back in place of the OE single form spring. Our stacked springs are a direct replacement for the factory single form springs.
- 6. Tighten the suspension parts that had been removed. Refer to the manufacturer's workshop manual for steps on how to safely remove the struts from the vehicle, remove and refit the springs and on the correct torque settings.
- 7. Set the ride height to sit 5mm higher than the fronts when measured from fender edge to wheel hub centre.

Please be aware that this is a MUST DO.

### **POST INSTALL STEPS**

Complete a 1-mile journey before setting the ride height and 4-wheel alignment. Refer to pages 3 and 4 of the latest version of the 'MSS INFO for Installer' guide for assistance on how to measure ride height.



The rear axle ride height should be set to at least 5mm higher than the front axle ride height when measured as per page 3 of the latest version of the

'MSS INFO for Installer' guide. This is a KEY step.

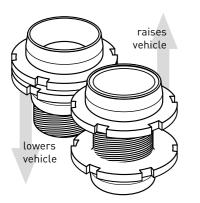


**Rear Axle Install Parts List** 

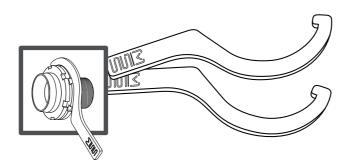
Before you start installing your new MSS Kit,





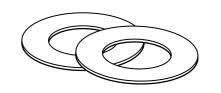


Combined adjusters - to couple the black and orange springs together and adjust height



Small diameter MSS orange springs MSS

**2**x Adjuster spanners - for both front and rear adjusters



MSS supplied flat rubber slip mats -**2**x to eliminate resonant road noise travelling through the system



**OPTIONAL Small protective sleeves -**(**2**x these fit around the combined adjusters

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### **REAR AXLE INSTALL PROCEDURE**



### Triple Engineered Suspension for Ultimate Performance, Comfort & Safety

MSS Support Team Telephone: +44 (0)20 3507 1973 (select appropriate option when prompted) Email: support@mss.company